

Stretch Marks

DNA Health Report

REPORT CATEGORY —



SKIN & BEAUTY

Sample Client

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DISCLAIMER

This report does not diagnose this or any other health conditions. Please talk to a healthcare professional if this condition runs in your family, you think you might have this condition, or you have any concerns about your results.

Personal information

NAME

Sample Client

SEX AT BIRTH

Male

HEIGHT

5ft 5" 165cm

WEIGHT

137lb 62kg



How this works

Our Wellness Reports analyze how your DNA influences your health.
We then use this analysis to give you personalized risk estimates and recommendations.



Similarly, our Trait Reports look at how your DNA influences your traits.



Your DNA is like an instruction manual — it contains a lot of information.
You can think of it as a blueprint for your body.

Genetic variants are parts of DNA that differ from person to person. Some can make you more vulnerable to certain health issues, while others may influence traits such as eye color.



We use artificial intelligence and machine learning to analyze all this information.
We then summarize your results as a risk score or display it on a gauge.

In total, we analyze up to 83 million genetic variants.

When we give a risk score, the risk icon tells you if you are at a higher or lower risk compared to other people:



Genotype color info:

AA

You don't have any risk alleles

AA

You have 1 risk allele

AA

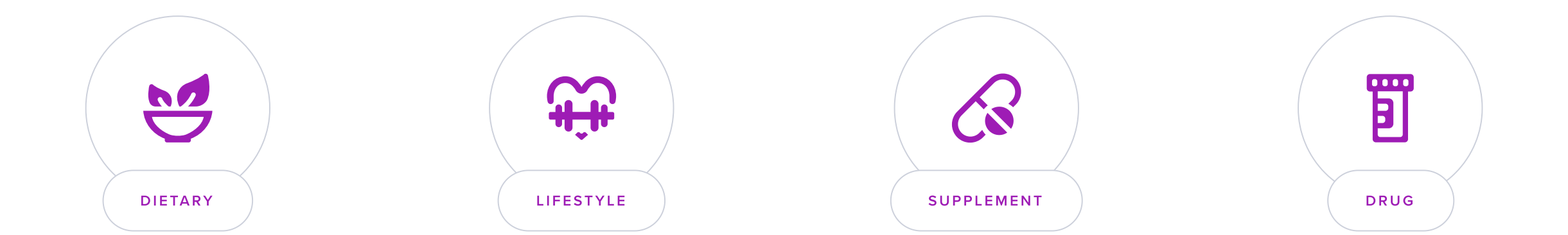
You have 2 risk alleles

Your risk is also displayed as a percentile. This will tell you how your risks compare to our sample population. The lower your percentile number, the lower your risk. The "50th percentile" would be an average risk.

Similarly, the gauge tells you your relative risk score compared to our sample population, or it indicates a specific trait or haplotype you are more likely to have based on your genetic variants.

When applicable, we also list top evidence-based recommendations that may help lower your risk. The focus is on recommendations that may be of benefit to you, based on your genetics.

Our recommendations come in four categories: lifestyle, diet, supplements and drugs. The following icons tell you which category a recommendation falls into:



Our team of scientists also ranks each recommendation.
We rank based on impact and the strength of evidence in the medical literature.

Impact shows how strongly a recommendation will affect your health in a certain area.
Evidence is how much scientific support there is for the recommendation. Rankings are from 1 to 5 (low to high):



Impact

Impact scores range from 1-5. These scores reflect how much of an effect each recommendation can have. An impact score of 5 predicts the biggest effect.

When a recommendation affects something we can measure, we use those measurements to assign the impact score. For example, a recommendation that decreases cholesterol by 20% will have a higher impact score than one that decreases it by 5%.

Some recommendations affect things that we cannot directly measure, like stress or mood. For these, the impact score is based on how well they work relative to other recommendations and standard treatments. The best ones get the highest scores.

If there is a lot of research that shows a recommendation works especially well for your genotype, the impact score gets increased.

Recommendation Evidence

- 5 / 5
- Recommendations that are considered effective and generally recommended by experts and medical bodies.
-
- 4 / 5
- Recommendations that are considered likely effective and that have multiple independent meta-analyses and a great many studies supporting them.
-
- 3 / 5
- Recommendations that are considered possibly effective and have many studies supporting them
-
- 2 / 5
- Recommendations that have insufficient evidence, with two or several clinical trials supporting them, or many studies but with ambiguous results.
-
- 1 / 5
- Recommendations that have insufficient evidence, with a single clinical trial, or with many studies most of which didn't find support for the recommendation.
-
- 0 / 5
- No evidence in humans.

Genotype-specific Evidence

- High-quality
- Direct evidence that a recommendation helps more in people with your gene variant (many clinical trials, a few large clinical trials, or a meta-analysis).
- Medium-quality
- Direct evidence that a recommendation helps more in people with your gene variant (a few clinical trials or one large clinical trial).
- Low-quality
- Direct evidence that a recommendation helps more in people with your gene variant (a single clinical trial or more trials with inconsistent results).
- Indirect
- A recommendation may help more in people with your gene variant because it targets a specific gene or protein affected by your variant (e.g., MTHFR, dopamine).
- In theory
- A recommendation may help more in people with your gene variant because it targets a specific mechanism affected by your variant (e.g., inflammation, oxidative stress).

Some things to keep in mind:

- Genetics doesn’t play a considerable role in a condition or a trait.
- There is not enough research available to estimate a genetic predisposition.
- There are technical limitations to estimating or presenting a genetic predisposition.
- The topic is sensitive, and a genetic predisposition should only be estimated and presented by a healthcare professional.

Introduction

Stretch marks are a type of scarring typically caused by our skin stretching or shrinking too quickly. The changes cause the skin proteins **collagen and elastin** to rupture. In the healing process of these ruptures, scar tissue is formed, creating the stretch marks [\[R\]](#).

Stretch marks appear as **narrow bands of pink, purple, or brown colored skin**, depending on your skin color [\[R\]](#).

If you have stretch marks, talk to your doctor about how best to deal with them, especially if you are pregnant.

Causes and Risk Factors

Key Takeaways:

- Gene variants involved in stretch marks formation may affect elastin and other skin proteins.
- Other factors include being female, pregnancy, rapid growth or gaining/losing weight, steroid use, breast enlargement surgery, and African ancestry.
- Stretch marks are a common condition starting in adolescence.
- If you have high genetic risk, you may lower overall risk by taking action on those factors that you can change.

Stretch marks are a type of scarring typically caused by our skin stretching or shrinking too quickly.

They are typically caused by:

- Growth spurts in puberty
- Pregnancy
- Rapid weight loss or gain
- Rapid muscle gain due to weight training
- Breast enlargement surgery
- Extended corticosteroid use
- Some medical conditions such as Cushing's syndrome

The following factors may further increase the risk of stretch marks [\[R\]](#):

- Being female
- African ancestry
- **Genetics**

Research has found different gene variants involved in stretch marks formation. Involved genes may affect **elastin** and other skin proteins [\[R\]](#).



LESS LIKELY

Less likely to have stretch marks based on 1,519 genetic variants we looked at



PERCENTILE



Your risk is greater than 1% of the population and lower than 99% of the population.

Your top variants that most likely impact your genetic predisposition:

GENE	SNP	GENOTYPE
/	rs6673165	TT
/	rs7421449	AA
TAFA1	rs9809500	GG
TAFA1	rs9848233	CC
TENM4	rs548541	GG
SRSF6	rs6093816	GG
SRSF6	rs6093813	CC
SRSF6	rs58314244	GG
SRSF6	rs2010809	CC
L3MBTL1	rs57083567	CC
SRSF6	rs6103260	GG
SCFD1	rs9707389	TA
CHRNA2	rs12143679	CC
GADL1	rs4955369	TT
ATXN1	rs59302766	AA
TJP1	rs41280060	GG
SLC26A8	rs11969921	AA
BNIP5	rs16887986	CC
BNIP5	rs11968573	TT
BNIP5	rs11965968	CC
PFDN2	rs1556258	CC
/	rs11088770	CC
MDGA1	rs35787789	CC
MDGA1	rs11963879	AA

GENE	SNP	GENOTYPE
MDGA1	rs61749283	AA
OBI1	rs9574326	AA
CES5A	rs57161061	AA
USP13	rs61760203	CC
NR2F2	rs62009489	CC
/	rs1976600	GG
NR2F2	rs62009523	GG
NR2F2	rs16976042	TT
NR2F2	rs62009485	GG
NR2F2	rs62009522	TT
NR2F2	rs62009521	TT
NR2F2	rs62009520	GG
/	rs10513579	TT
/	rs1397220	TT
NR2F2	rs62009519	TT
NR2F2	rs8030797	CC

The number of "risk" variants in this table doesn't necessarily reflect your overall result.

Your Recommendations

Your recommendations are prioritized according to the likelihood of it having an impact for you based on your genetics, along with the amount of scientific evidence supporting the recommendation.

You’ll likely find common healthy recommendations at the top of the list because they are often the most impactful and most researched.

DOSAGE		DOSAGE	
1	Avoid Rapid Weight Changes	2	Radiofrequency (RF) Microneedling1 hour
3	Light Therapy for Skin30 minutes	4	Derma Roller5 minutes
5	Topical Retinoids	6	Topical Beta Glucans
7	Topical Tasmanian Pepperberry	8	Topical Aloe Vera
9	Topical Glycolic Acid	10	Topical Almond Oil
11	Gotu Kola	12	Extra Virgin Olive Oil (EVOO)
13	Hyaluronic Acid120 mg		

1



Avoid Rapid Weight Changes

IMPACT

4 / 5

EVIDENCE

4 / 5

How to implement

Maintain a consistent, healthy weight by avoiding extreme dieting or sudden increases in food intake. Aim for gradual weight changes, not exceeding 1-2 pounds per week, by adjusting your diet and physical activity levels accordingly. This approach should be sustained over a long-term period to ensure health and prevent potential adverse effects on the body.

Description

Avoiding extreme and rapid weight changes, whether through crash diets or excessive calorie restriction, is essential for preventing negative health consequences such as nutritional deficiencies and metabolic disruptions.

Your weight is determined by the number of calories you consume compared to those you burn. Changes in exercise frequency, amount and type of food consumed, and alcohol intake may alter your energy expenditure. This may cause small weight fluctuations [\[R\]](#).

Some people may gain or lose weight at a faster rate. Rapid weight fluctuations may be due to [\[R\]](#), [\[R\]](#):

- Very drastic diets
- Water retention or dehydration
- Hormonal changes
- Pregnancy
- Taking certain medications
- Certain health conditions

How it helps

Rapidly gaining or losing weight is one of the main risk factors for developing stretch marks. In line with this, obese people and those with a history of weight loss attempts are more likely to have stretch marks [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#).

On the other hand, **up to 90% of pregnant women develop stretch marks.** Those whose abdominal circumference grows over 100 cm or gain more than 15 kg are at especially high risk [\[R\]](#), [\[R\]](#).

Undergoing **breast augmentation surgery** also increases the risk of stretch marks, especially if the implants are large [\[R\]](#).

Rapid weight changes are associated with changes in the volume of body parts such as the abdomen, breasts, hips, and buttocks. This can lead to the stretching of their skin.

2



Radiofrequency (RF) Microneedling

IMPACT

4 / 5

EVIDENCE

3 / 5

How to implement

Schedule an RF microneedling session with a certified dermatologist or medical spa professional. The procedure typically takes about an hour and is done every 4-6 weeks, for a total of 3-4 sessions, to achieve optimal outcomes. Maintenance treatments might be needed annually depending on individual skin response.

TYPICAL STARTING DOSE

1 hour

Description

Radiofrequency microneedling is a cosmetic procedure that combines microneedling with radiofrequency energy to stimulate collagen production and improve skin texture and tightness, often used to reduce the appearance of wrinkles and scars.

Radiofrequency (RF) microneedling is a cosmetic procedure that uses a fine needle and RF waves to create tiny wounds in the skin. This triggers the production of capillaries, elastin, and collagen to help repair the wounds [\[R\]](#).

People use RF microneedling for a variety of skin conditions, including [\[R\]](#):

- **Fine lines**
- **Wrinkles**
- Loose, sagging skin
- Stretch marks
- Acne scars
- Scars from injury or surgery
- Excessive sweating

How it helps

The combination of RF microneedling and topical tretinoin may be the best option for stretch marks, closely followed by RF microneedling alone. It may reduce the depth, width, and length of stretch marks [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#).

RF microneedling may also help in combination with laser therapy [\[R\]](#).

RF microneedling may help by causing tiny wounds in the skin. This stimulates skin repair by increasing collagen and elastin production [\[R\]](#).

3



Light Therapy for Skin

IMPACT3 / 5

EVIDENCE3 / 5

How to implement

Sit in front of a light therapy box that emits a bright light (without UV rays) for about 20 to 30 minutes daily, preferably in the morning. Make sure the light is indirectly entering your eyes, as direct exposure can be harmful. Consistently use light therapy daily over several weeks to notice improvements in skin conditions.

TYPICAL STARTING DOSE

30 minutes

Description

Light therapy, such as phototherapy or laser treatments, can be effective for various skin conditions like psoriasis and acne by reducing inflammation, promoting skin cell turnover, and improving overall skin appearance.

Light therapy involves shining different types of light on the skin. Doctors prescribe light therapy to help with certain skin conditions, including [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#):

- Psoriasis
- Eczema
- Acne
- Stretch marks

Different types of light can be used for skin, including [\[R\]](#), [\[R\]](#), [\[R\]](#):

- UV light
- [Blue light](#)
- [Red light](#)
- Laser therapy

How it helps

Light therapy may improve stretch marks. However, radiofrequency microneedling may be slightly more effective. Among the different light therapies, the most effective one may be **CO2 fractional laser**. Other successfully tested light therapies use [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#):

- Ablative and non-ablative lasers [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#)
- Intense pulsed light [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#)
- Narrowband UV light [\[R\]](#)

Light therapy may improve the tone, redness, elasticity, and thickness of the skin with stretch marks.

Combining light therapy with topical [aloe vera](#) or beta-glucans may improve stretch marks even more [\[R\]](#), [\[R\]](#).

Light therapy may help by [\[R\]](#):

- Increasing skin pigmentation
- Removing the outer layer of the skin
- Promoting collagen and elastin production

Please note: *Light therapy may damage skin and increase signs of aging. Please consult your doctor before trying any light therapy* [\[R\]](#), [\[R\]](#).

4



Derma Roller

IMPACT

2 / 5

EVIDENCE

2 / 5

How to implement

Gently roll the derma roller over your skin, covering all areas you wish to treat, for 5-10 minutes. Use the derma roller 2-3 times a week, allowing at least a day of rest between sessions to let your skin recover.

TYPICAL STARTING DOSE

5 minutes

Description

Derma rolling can help to improve skin elasticity, reduce the appearance of scars, and increase collagen production.

How it helps

Dermarolling (every 4-6 weeks) may help with stretch marks by promoting collagen and elastin production [\[R\]](#), [\[R\]](#), [\[R\]](#).

Derma rolling may help by releasing growth factors that result in new blood vessels and collagen [\[R\]](#).

5

Topical Retinoids

IMPACT

2 / 5

EVIDENCE

2 / 5

How to implement

Apply a pea-sized amount of topical retinoid to clean, dry skin once every evening before moisturizing. Start with applications 2-3 times a week, gradually increasing to nightly use as your skin tolerates it.

Description

Retinoids are a class of vitamin A derivatives used topically for their ability to address various skin concerns, including acne, fine lines, and hyperpigmentation. They work by promoting cell turnover and collagen synthesis.

Retinoids are compounds related to [vitamin A](#). They include [\[R\]](#):

- Vitamin A (retinol)
- Natural vitamin A derivatives (retinoic acid, retinaldehyde, retinyl esters)
- Synthetic derivatives (tretinoin, isotretinoin, etretinate, tazarotene)

Retinoids control the growth of the skin and blood vessels. People apply topical retinoids to improve skin conditions such as [\[R\]](#):

- **Wrinkles**
- Acne
- Psoriasis
- Eczema
- Skin cancers

Please note: Topical synthetic retinoids are prescription drugs and should only be used if prescribed by a doctor. They can have significant side effects. Natural retinoids are much safer and available in different OTC cosmetic products.

How it helps

Topical tretinoin (0.1%) may improve stretch marks after pregnancy. However, it may cause adverse effects such as skin irritation and redness [\[R\]](#), [\[R\]](#).

Topical tretinoin (0.05-0.1%) may also help in combination with the following treatments:

- Dermabrasion [\[R\]](#)
- Radiofrequency (RF) microneedling [\[R\]](#)

Indeed, the combination of tretinoin and RF microneedling may be the best for stretch marks [\[R\]](#).

Topical tretinoin may help by increasing collagen and elastin production in the skin [\[R\]](#).

Please note: *Pregnant women shouldn’t use topical retinoids because they may increase the risk of malformations. Topical retinoids may cause skin dryness, burning, itching, and swelling at the site of application. It is recommended to start with the lowest dose and frequency of application, and gradually increase them as tolerance develops. Because retinoids increase skin sensitivity to sunlight, people on retinoid therapy are recommended to limit sun exposure* [\[R\]](#).

6

Topical Beta Glucans

IMPACT

1 / 5

EVIDENCE

1 / 5

How to implement

Apply a topical cream or serum containing beta-glucans to the affected area of the skin once or twice daily, as per the product instructions. Continue this routine consistently for at least 8 weeks to observe potential improvements in skin hydration, elasticity, and healing.

Description

Beta-glucans, often derived from yeast or oats, are used topically in skincare products for their moisturizing and soothing effects. They can help alleviate dryness, reduce redness, and promote overall skin hydration and comfort.

Beta-glucan is a type of soluble fiber with antioxidant properties. It is abundant in [\[R\]](#), [\[R\]](#):

- Baker's yeast
- Cereals (e.g., oats, barley)
- Mushrooms (e.g., maitake)
- Seaweeds

People use beta-glucans to [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#), [\[R\]](#):

- Improve immunity (e.g., fight infections)
- Reduce blood sugar
- Reduce cholesterol

How it helps

Applying topical beta-glucans on the skin may improve stretch marks in pregnant women. They may be more effective when combined with laser therapy [\[R\]](#).

Topical beta-glucans may help by increasing collagen content [\[R\]](#).

7

Topical Tasmanian Pepperberry

IMPACT

1 / 5

EVIDENCE

1 / 5

How to implement

Apply a small amount of Tasmanian pepperberry extract directly to the affected area of the skin, using a gentle circular motion until absorbed. This should be done once or twice daily, after cleansing the skin and before applying moisturizers or other skincare products. Continue this application daily for at least 4 weeks to evaluate its effectiveness on the skin concern being addressed.

Description

Tasmanian pepperberry extract is used topically for its potential anti-inflammatory and antioxidant properties, often applied in skincare products to soothe sensitive or irritated skin. The main chemical compound of interest is polygodial, and it is derived from the Tasmanian pepperberry plant, *Tasmannia lanceolata*.

Tasmanian pepperberry (*Tasmannia lanceolata*) is a shrub native to south-east Australia and traditionally used by Tasmanian Aboriginals as food and medicine. It produces tiny black berries that are spicy and about the same size as peppercorns [\[R\]](#).

Tasmanian pepperberry is very rich in antioxidants such as chlorogenic acid, quercetin, and coumarin [\[R\]](#).

How it helps

Applying topical Tasmanian pepperberry on stretch marks for 8 weeks may reduce skin roughness and increase its firmness [\[R\]](#).

Tasmanian pepperberry may help by increasing collagen and elastin production [\[R\]](#).

8



Topical Aloe Vera

IMPACT1 / 5

EVIDENCE1 / 5

How to implement

Apply a thin layer of pure aloe vera gel extracted directly from the aloe plant or an aloe vera-based product directly to the affected area. Gently rub it in until it is absorbed. Repeat this application 2-3 times daily until the symptoms improve.

Description

Aloe vera is a plant-derived gel known for its skin-soothing and healing properties. Topical applications of aloe vera are commonly used to relieve sunburn, minor burns, and skin irritation, promoting faster healing and reducing discomfort.

[Aloe vera](#) lives in the desert, and its thick leaves store water in the form of a gel [\[R\]](#).

Topical aloe vera may help soothe burns and skin conditions [\[R\]](#).

Oral aloe vera may help with blood sugar and gut health [\[R\]](#).

How it helps

Applying aloe vera gel may improve the texture and itching of stretch marks, and slow down their progression [\[R\]](#), [\[R\]](#).

Topical aloe vera may help by improving collagen production [\[R\]](#).

9

Topical Glycolic Acid

IMPACT

1 / 5

EVIDENCE

1 / 5

How to implement

Apply a thin layer of glycolic acid product to the affected area after cleansing and drying the skin, usually once or twice a day depending on the product's strength and your skin's sensitivity. Avoid sun exposure without sunscreen on the treated areas.

Description

Glycolic acid is a type of alpha hydroxy acid (AHA) obtained from sugar cane. AHAs are easily absorbed by the skin and cause its exfoliation. They also stimulate collagen production [\[R\]](#), [\[R\]](#).

Glycolic acid is a very popular ingredient in skincare products. People use topical glycolic acid to improve acne, skin wrinkles, age spots, and stretch marks [\[R\]](#).

How it helps

Creams with glycolic acid applied for 3-6 months may improve stretch marks. Glycolic acid may be more effective in combination with tretinoin (0.05%) [\[R\]](#), [\[R\]](#).

Glycolic acid may help by increasing collagen production and removing the top layers of dead skin [\[R\]](#).

Please note: *Products that contain glycolic acid and other AHAs may increase your skin’s sensitivity to sunlight. This may increase the risk of sunburn. Use sunscreen, wear protective clothing, and limit sun exposure while using products that contain AHAs. **Products with AHA concentrations over 10% should not be used without doctor’s supervision*** [\[R\]](#).

10

Topical Almond Oil

IMPACT

1 / 5

EVIDENCE

1 / 5

How to implement

Apply a few drops of pure almond oil to the affected area of your skin, gently massaging it in a circular motion until fully absorbed. Do this procedure twice daily, in the morning and before bedtime, for at least 3 weeks to see improvements.

Description

Almond oil, derived from the seeds of almonds, is used topically for its moisturizing and nourishing properties. It is often applied to the skin to soothe dryness, reduce irritation, and support overall skin health.

[Almond oil](#) is oil obtained from sweet or bitter almonds (*Prunus dulcis*). Almond oil is especially rich in [oleic acid](#) and linoleic acid [\[R\]](#), [\[R\]](#), [\[R\]](#).

People typically use almond oil to treat dry skin conditions such as psoriasis and eczema [\[R\]](#).

How it helps

Applying almond oil to the skin may prevent stretch marks, slow down their progression, and reduce itching in pregnant women. However, almond oil may only be effective if **applied with a massage** [\[R\]](#), [\[R\]](#), [\[R\]](#).

11



Gotu Kola

IMPACT

1 / 5

EVIDENCE

1 / 5

How to implement

Take a Gotu Kola supplement, available in capsule or powder form, daily. Dosages typically range from 500mg to 2000mg daily, divided into two or three doses. It's recommended to start with the lower dose to assess tolerance and then increase if necessary. Continue for 4 to 6 weeks to evaluate the benefits.

Description

Gotu kola is an herb used in traditional medicine for its potential to improve cognitive function, reduce inflammation, and support skin health.

[Gotu kola](#) or Pennywort (*Centella asiatica*) is an herb used in Tai-Chi tradition and Ayurvedic and Chinese Traditional Medicine.

Gotu kola is used as an antioxidant and anti-inflammatory. Traditional uses include:

- Wound healing [\[R\]](#).
- Improving leg circulation [\[R\]](#)

How it helps

Gotu kola (25 mg/day for 6 weeks) may reduce the number of stretch marks after pregnancy [\[R\]](#).

Gotu kola may help by increasing skin thickness and collagen production [\[R\]](#).

Please note: *Avoid taking gotu kola during pregnancy due to the lack of safety data.*

12



Extra Virgin Olive Oil (EVOO)

IMPACT

0 / 5

EVIDENCE

2 / 5

How to implement

Incorporate 1-2 tablespoons of extra virgin olive oil into your daily diet. Use it as a dressing for salads, vegetables, or incorporate it into cooking, but avoid using it at high temperatures to preserve its health benefits.

Description

Extra virgin olive oil is a high-quality olive oil obtained from the first pressing of olives. It is rich in monounsaturated fats and antioxidants, like polyphenols, and is associated with various health benefits, including heart health and anti-inflammatory properties.

[Olive oil](#) is fat from the olive, a traditional tree of the Mediterranean Basin [\[R\]](#).

Olive oil has anti-inflammatory and antioxidant properties. It may also reduce the risk of [\[R\]](#), [\[R\]](#):

- Heart disease
- Diabetes
- Cancer

Olive oil is also the primary fat source in the [Mediterranean diet](#), which may improve brain and heart health [\[R\]](#).

How it helps

Extra virgin olive oil (EVOO) moisturizes the skin, improving its elasticity and may help to reduce the appearance of stretch marks. However, there's no scientific evidence proving it can treat existing stretch marks.

In 2 studies of 256 nulliparous pregnant women, applying olive oil (1 cc, 2x/day) on the abdominal skin without massaging reduced the incidence of severe stretch marks and increased mild ones [\[R\]](#), [\[R\]](#).

However, olive oil failed to reduce the incidence and severity of stretch marks in 2 studies of 430 nulliparous pregnant women [\[R\]](#), [\[R\]](#).

How to implement

TYPICAL STARTING DOSE

120 mg

Description

How it helps

Hyaluronic acid injections may stimulate collagen production, which could potentially improve the appearance of stretch marks. Hyaluronic acid may help by improving the skin's structural integrity at the injection sites [R].